

## RING HANGING SYSTEM

- Ceiling beam-mounted ring hanging system
- Teaching aid that can be used by schools to introduce gymnasts to the ring frame
- Rings are supplied with the ring hanging system
- Can be installed in multi-purpose gymnasium
- Significant space-saving solution for gymnasium in which a ring frame cannot be installed
- Height adjustable making it ideal for small builds
- A ring flex adjuster **Ref. 3792** should be used if dynamic exercises are performed

## TECHNICAL FEATURES

- The kit comprises rings, cables and adjusting chains
- The height of the rings can be adjusted from 20 cm to 2.90 m.
- A flex adjuster is recommended **Ref. 3792**

