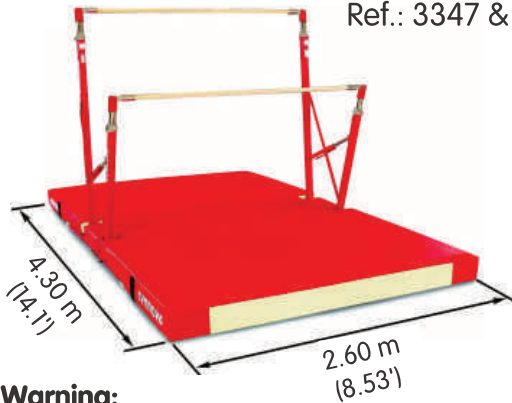
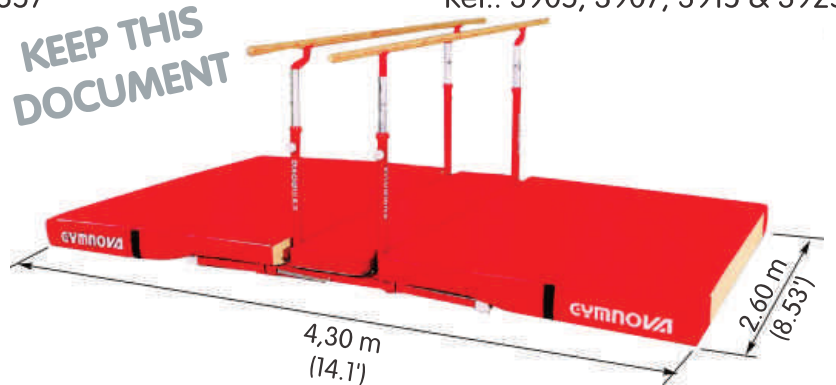


INTEGRATED FOLDABLE MAT FREESTANDING BARS

**3347 - 3357 - 3905
3907 - 3915 - 3925
7080**



KEEP THIS DOCUMENT



Warning:

This equipment should be installed by a qualified individual. The apparatus should only be used by one person at a time, under the supervision of a qualified individual. Using this equipment for purposes other than those originally intended is not allowed. The integrated foldable mat is designed to be used with the GYMNOVA freestanding bars only.

Compliance:

The integrated foldable mat (ref.: 7080) complies with the requirements of the European standard EN 12503-1 "Sports mats - Part 1: Gymnastic mats, safety requirements". This equipment is classified as type 7: "Safety mats for difficult exercises"

Recommendations:

As shown in French Standard NF S52-400 the following is recommended:

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how much it is used, have the equipment serviced yearly or every few years.

Packaging:

Ref.	3347 Folding legs asym. bars + mat	3357 Fixed legs asym. bars + mat	3905 Fixed legs school // bars + mat	3907 Foldable legs school // bars + mat	3915 Foldable legs practice // bars + mat	3925 Fixed legs practice // bars + mat	7080 Integrated foldable mat	Volume (ft³) Weight (lb) Dimensions (ft)
380/18 Pair of freestanding bar spars	1	1	1	1	1	1	-	1.307 72.753 9.19 x 0.39 x 0.36
380/19 Fixed legs for freestanding bars	-	1	1	-	-	1	-	1.271 61.729 6.63 x 0.49 x 0.39
391/20 Foldable legs for freestanding bars	1	-	-	1	1	-	-	1.73 70.548 6.66 x 0.66 x 0.39
327/00 4 asymmetric bar spars, M'97	1	1	-	-	-	-	-	2.896 72.753 6.76 x 0.66 x 0.66
3900/04 Pair of uprights for school // bars	-	-	2	2	-	-	-	2.225 35.274 4.07 x 0.75 x 0.72
380/34 Pair of uprights for practice // bars	-	-	-	-	2	2	-	1.271 61.729 3.97 x 0.66 x 0.49
380/37 Simple attaching flanges	-	-	1	1	1	1	-	0.141 11.023 0.62 x 0.52 x 0.43
333/99 Spreaders+plates+asym. bar flanges, M'98	1	1	-	-	-	-	-	1.059 44.092 2.33 x 0.69 x 0.66
3355/02 Braces for asym. bars, M'98	1	1	-	-	-	-	-	0.318 8.8185 5.02 x 0.33 x 0.2
3850 Transport trolleys for freestanding bars	1	1	1	1	1	1	-	0.636 28.66 1.67 x 0.95 x 0.39
3260/02 Pair of hand-rails for asym. bars, M'05	1	1	-	-	-	-	-	0.883 15.432 8.2 x 0.46 x 0.23
386/01 Pair of hand-rails for parallel bars	-	-	1	1	1	1	-	1.307 24.251 11.7 x 0.49 x 0.23
7082 Built-in side mat	2	2	2	2	2	2	2	33.196 57.32 8.53 x 5.9 x 0.66
7083 Built-in central mat	1	1	1	1	1	1	1	12.713 28.66 8.53 x 2.3 x 0.66
No. of Packages	10	10	10	10	10	10	3	

I. Assembling the Apparatus:

- Freestanding asymmetric bars with fixed legs (ref.: 3356) and foldable legs (ref.: 3345): Refer to the Assembly Instructions NM17.
- Mixed bars with fixed legs (ref.: 3391) and foldable legs (ref.: 3380): Refer to the Assembly Instructions NM225.
- School parallel bars with fixed legs (ref.: 3901) and foldable legs (ref.: 3906): Refer to the Assembly Instructions NM117.

II. Installing the integrated foldable mat (two people recommended):

Note: Prepare a clean area for assembling the mat.

- 1 - Position the central mat (1) between the 4 uprights (7) of the freestanding bars. Then center it on the frame.
- 2 - Position each side mat (2), connecting skirt side, against the central mat (1). Align the side mats (2) with the central mat (1).
- 3 - Fold the connecting skirt (3) of each side mat (2) onto the female Velcro of the central mat (1).
- 4 - When the connecting skirt is attached, check that the side mat (2) is fully applied against the central mat (1). Re-adjust and tighten the connecting skirt (3) if required.

III. Folding and storing the apparatus with integrated mat (two people recommended):

- 1 - For asymmetric bars only, adjust each spreader (5) to the minimum position and fully insert the sliding tubes (6) into the uprights (7).
- 2 - Lift each side mat (2) against the uprights (7) (see Fig.1).
- 3 - Attach each side mat (2) to the uprights (7) using the black Velcro tapes (4) (see Fig.3, 4 and 5): keep each side mat (2) applied against the uprights (7) by tightening the Velcro tapes (4).
- 4 - Install the apparatus on the transport trolleys, lifting the levers (8) on the frame sides.
- 5 - For freestanding bars with foldable legs only, fold the 4 legs against the spars.
- 6 - Store the apparatus in the desired location. When moving, handle the apparatus with folded mat with special care, in order to avoid rocking.
- 7 - When unfolding the integrated mat, perform the same operations in reverse order.

VERY IMPORTANT:

- Never fold or unfold the integrated mat when the apparatus is positioned on the transport trolleys: always perform these operations when the apparatus is resting on the floor, on its pads.
- For freestanding bars with foldable legs, never fold or unfold the mat when the legs are folded against the spars: always perform these operations when the legs are extended.

Figure 1

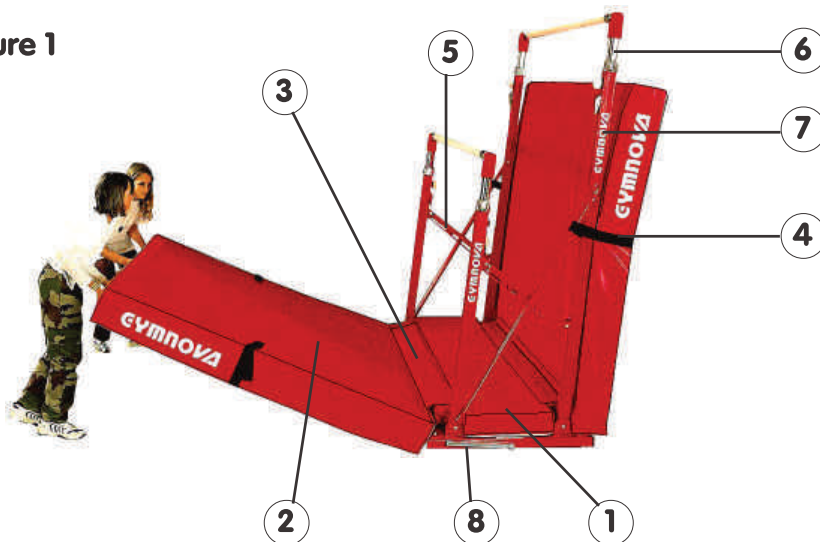


Figure 2



Figure 3

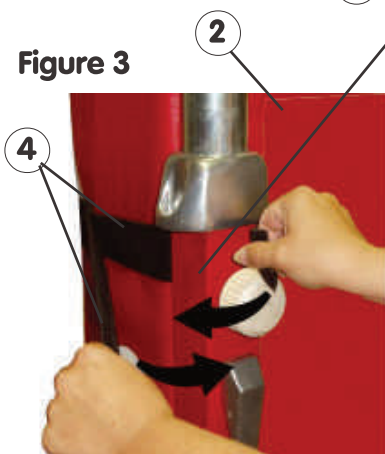


Figure 4

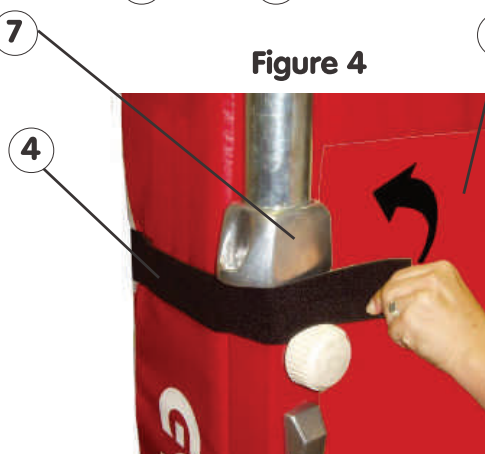
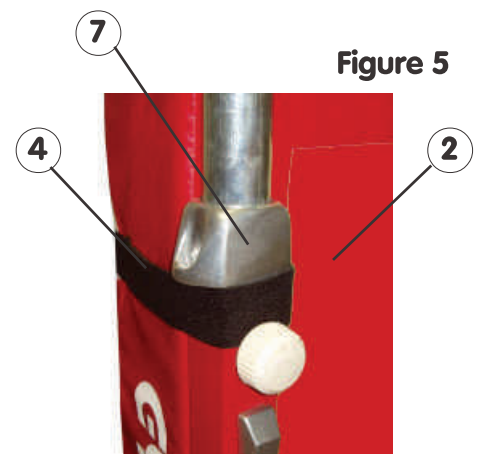
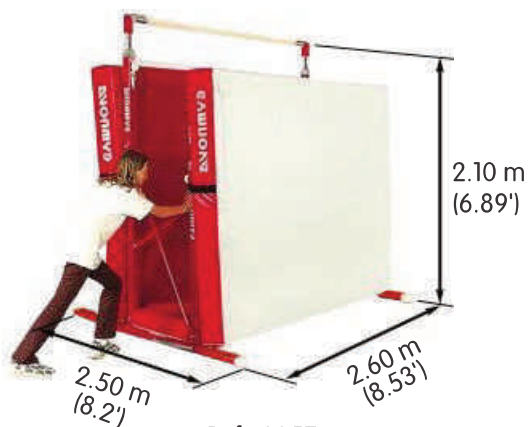


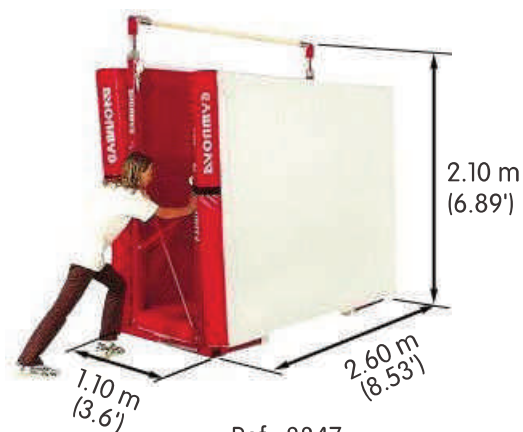
Figure 5



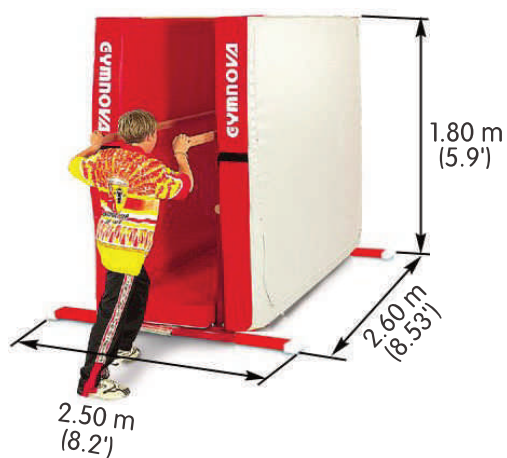
IV. Overall size:



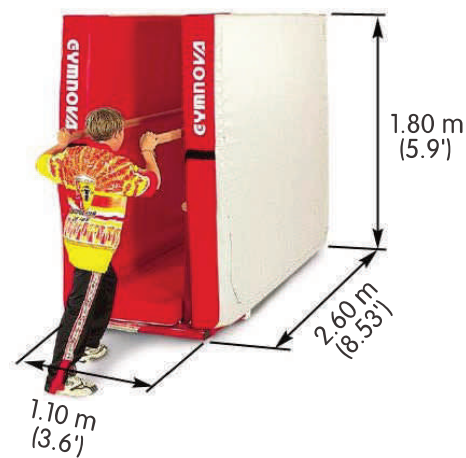
Ref.: 3357
FOLDED



Ref.: 3347
FOLDED



Ref.: 3905 & 3925
FOLDED



Ref.: 3907 & 3915
FOLDED

V. Usage (warranty validity):

This apparatus is for practice only. For safety reasons, it should never be used as a competition apparatus.

VI. Maintenance:

- 1 - A regular cleaning of the apparatus allows better viewing of the problems, if any (distortion, breakage or corrosion).
- 2 - Before use, check wear parts each time for good condition and operation: connecting skirts **(3)** and black Velcro tapes **(4)** of the side mats **(2)**.
- 3 - **Important:**
 - If a problem is detected or suspected, do not use the equipment as long as it has not been checked by a technician.
 - Any damaged or distorted piece should be replaced as soon as possible.

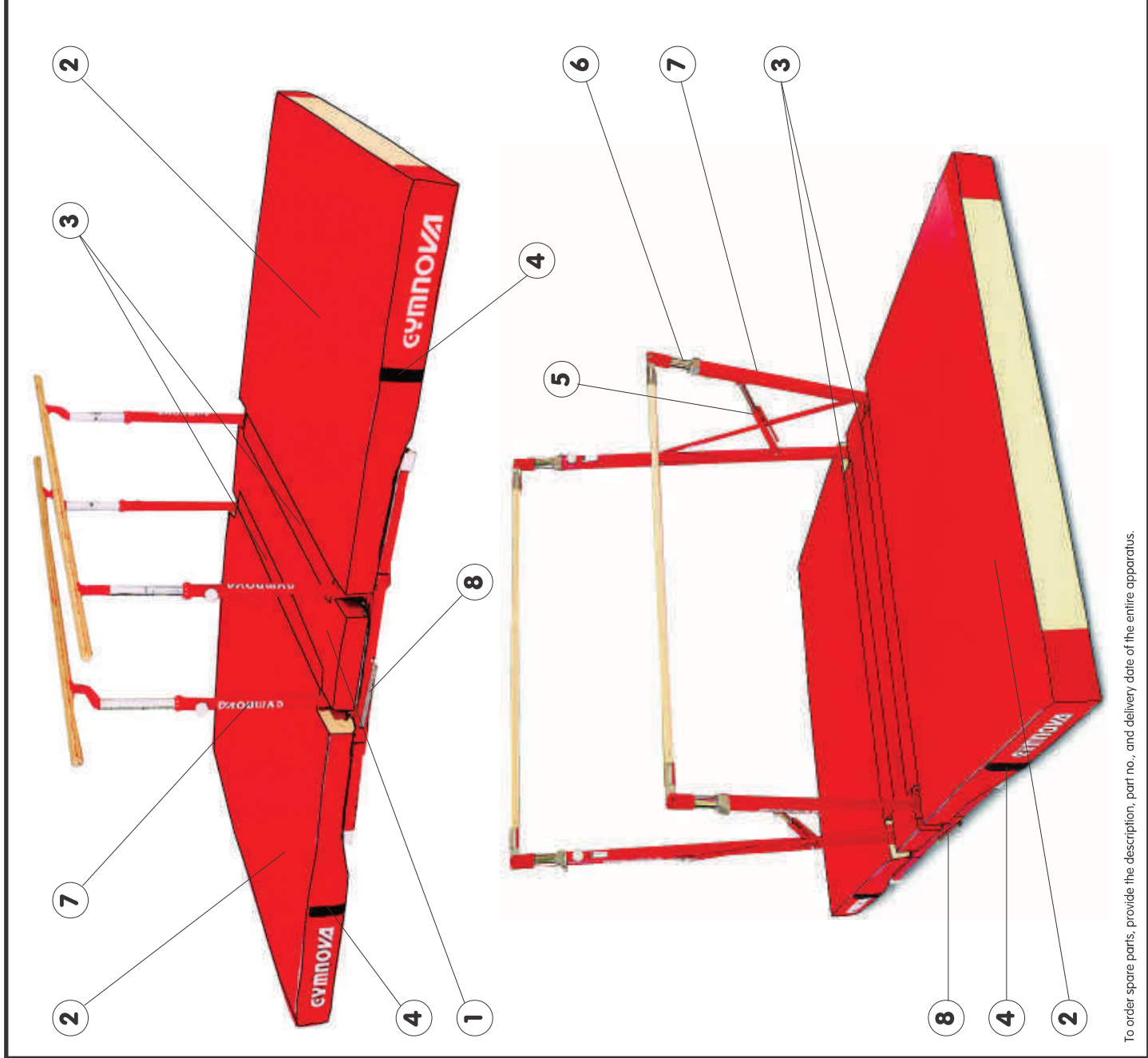
VII. Storage:

Always store the equipment away from humidity and heat.

ITEM	QTY	DESCRIPTION	REFERENCE	REMARKS
30	-			
29	-			
28	-			
27	-			
26	-			
25	-			
24	-			
23	-			
22	-			
21	-			
20	-			
19	-			
18	-			
17	-			
16	-			
15	-			
14	-			
13	-			
12	-			
11	-			
10	-			
9	-			
8	-	Transport trolley lever		
7	-	Freestanding bar upright		
6	-	Asym. bar sliding tube		
5	-	Asym. bar spreader		
4	-	Black Velcro tape		
3	-	Connecting skirt		
2	2	Built-in side mat	7082	pack
1	1	Built-in central mat	7083	pack

Gymnova
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 Fax : 33-(0)-4-91-93-86-89

BY : E BRIEU DATE : 12/06/07 Ref.: 3347 - 3357 - 3905 - 3907 - 3915 - 3925 - 7080
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To order spare parts, provide the description, part no., and delivery date of the entire apparatus.